

# Heartbeat News

FROM THE PASTOR'S DESK



Greetings in the name of Jesus Christ,

Last week I found myself spending quite a bit of time at Holy Hill (Basilica of the National Shrine of Mary, Help of Christians) in Hubertus. The grounds are lovely, with a ½ mile life-sized Stations of the Cross trail that winds its way up the hill. The basilica itself is breath-taking in its size, grandeur, and intricate stained glass windows. In addition to the main sanctuary there are a few smaller chapels and it is in one of those that I settled in for an evening of reading and praying while Vanessa's choir rehearsed in the main cathedral. On one of the small back tables of the chapel there were copies of a devotional booklet entitled "33 Days to Morning Glory: A Do-it-Yourself Retreat". While I hold the Catholic faith in high esteem and at times am even a bit envious of their devotion to daily prayer I found myself a bit put-off by the "blurb" on the back cover as it touted the spirituality of the retreat as the "quickest and easiest" way to become a saint! In paging through the booklet I read much that I found to be insightful and inspiring but that phrase "quickest and easiest" continued to bother me. I could be wrong but something deep inside me says that is misguided. There are many things in life we need to be quick and easy: meal preparation, housework, and automotive maintenance to name a few. In such areas the idea of achieving maximum results with minimal effort is advantageous...but somehow I don't think prayer is conducive to the "quickest and easiest" approach. This isn't to say that prayer must be arduous or something to be endured however I have a feeling that prayer is about the process, not just the product. When we encounter Jesus praying in the gospels (most notably in Luke) we note that Jesus routinely withdraws to places of solitude to pray for extended periods of time....and something tells me that if anyone knows "the right" way to pray it would be Jesus!

In *Gathering the Fragments*, Edward J. Farrell writes that "Prayer, like love, is not something one achieves once and for all. It is a special kind of consciousness, awareness, attention, presence." Prayer is a way of life, a means of relationship with our Creator, Redeemer and Sustainer; not just a tool to achieve sainthood. There are no shortcuts in prayer...because prayer is less about what we have to say or do and more about stilling ourselves long enough and often enough that we hear the voice of God reaching out to us in love. Ronald Rolheiser makes the observation in his book, *Prayer: Our Deepest Longing*, that we tend to talk to ourselves rather than God in our attempts at prayer. Prayer is meant to be dialogical; a conversation with you and your Creator. In the Bible:

(Continued on page 2)



St. John UCC

Pastor: Rev. Tara Tetzlaff

262-251-0640

Pastor's Cell: 262-293-6645

[pastor@stjohnuccgermantown.org](mailto:pastor@stjohnuccgermantown.org)

org

[office@stjohnuccgermantown.org](mailto:office@stjohnuccgermantown.org)

org

## INSIDE THIS ISSUE

Council Highlights.....	2
Vacation Bible School....	2
Ed. & Small Group Opportunities.....	3
Outreach.....	4 & 5
Blessing Bags.....	5
Discretionary Fund.....	5
Usher /Liturgist/Greeter Schedule.....	6
Youth Group.....	6
Camp.....	6
Run/Walk for hunger.....	6
Birthdays/Anniv.....	7
June Calendar.....	7
Gardening with God.....	7
Prayer List.....	7



SHIFT: Our Unfolding Story

*And what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God? Micah: 6:8*

**June 9 – 11, 2017**

**WI Conference Annual Meeting at Green Lake Conference Center**

\*\*\*\*\*

## **Council Highlights – April/May**

At its monthly meeting held on April 6th and May 11th, the St. John Church Council:

- Approved use of the fellowship hall May 25-June 25 for Ramadan Meetings
- Approved using Rock Solid for Lawn Care
- Discussed the Committee for planning our 175th anniversary next year

Present: Eric Hillstrom, Andy Boneski, Mary Johnson, Joan Schaetzel, Chris Pickett, Cherie Bersch, Bob Lehmann, Pastor Tetzlaff

Absent: Donna Tess

**Next Council meeting: June 8, 2017**

Job, the psalmists, and the prophets all remark how there is no way that we are able to hide ourselves from God; there is no part of ourselves that is unseen or unknown by our Maker. Thus, in prayer there is no point in trying to “be on our best behavior”, but rather prayer is the one time when we can be most truly ourselves. If we are angry we can express that anger to God; if we are hurting we can cry out to God; if we are finding enjoyment and happiness in life we can share that too! Contemplation in prayer is “a way of being present to what’s really inside our own experience” (Rolheiser) and is done by simply sitting still for an extended period of time sharing to God what is in our hearts and listening and reflecting upon life as we are experiencing it, and where we encounter God within that experience.

Oftentimes we are unsure how to begin or what to do and so if you find yourself in that state I offer to you the advice that Ronald Rolheiser gives....just sit, quiet and still, and wait (ideally for a good 30 minutes). It will seem hard at first, your mind may wander, you might feel impatient, it may seem foolish or pointless, but sit there anyway. Oftentimes the stories of divine encounter in scripture lead us to believe that we are to have some sort of miraculous vision but the truth is that most often prayer is a lot like exercise. Most of the time it’s not particularly exciting, it may even feel like hard work; but after a lifetime of it we will find ourselves healthier and happier. Sometimes we will need to change up our routine to keep things fresh and seek the input and insight of others as well as engage in the activity with others which brings added depth and interest. There will be times when you’ll mess up and fall out of the habit, and if so you just get up the next day and begin again. There is no special equipment to buy or dues to pay. You can pray on your own, with a friend, or in a crowd. However and wherever you are, just pray as often as you can, for as long as you can. Show up and one day you might come to discover that God is right there with you.

Praying with you and for you,

*Pastor Tara*

## **VACATION BIBLE SCHOOL**

We invite all children ages 3-12 to join us for ***Escape From Egypt: The Stories of Moses July 17-20<sup>th</sup>, 9am -3pm***. We will experience a bit of what life as a slave was like for the Israelites, journey with Moses as God helps us to escape Egypt and cross the Red Sea, and receive the Ten Commandments as we wander in the wilderness. Each day will be action-packed with songs, stories, crafts, games and more!

**Early Bird Registration: \$10 – until June 27<sup>th</sup>**

**After June 27<sup>th</sup>: \$15**

**Last day to Register is July 5<sup>th</sup>**

Cost includes: lunch & snack each day, t-shirt, crafts/activities.

Registration forms are being mailed out to families and are also available at church and on our website. A kick-off celebration will be held on Sunday July 16<sup>th</sup> with a picnic lunch, games, and a preview of the week’s stories and activities.

## EDUCATIONAL & SMALL GROUP OPPORTUNITIES

### WOMEN'S GUILD NEWS

Thank you to all for your help with the Easter Breakfast. Shady Lane Coupons are now available from Judy Luckow. They are \$10.00 each and thru June.

**Bingo Bash is August 16 starting at 12:30 pm.**

Our next meeting is **September 13** (A week later than normal due to the craft fair.) The program will be about the benefit of massage therapy from the Wisconsin School of Massage Therapy.

### 32nd ANNUAL FALL ART AND CRAFT FAIR

The Craft Fair Committee is working hard to plan the Craft Fair for Saturday, September 9th. Posters will be available in June to promote the fair with potential exhibitors or to post at your favorite businesses or at your place of work. Stop by the office and pick up whatever size works best for you! We do have a quilt being donated by Caroline Romaine's sister, Lynn. The size is 68" x 74", named "Made in America". Don't forget to organize your theme basket. A sign up will be in the narthex. Youth raffle envelopes will be on the bulletin board in the stairwell. Gift cards for gas, restaurants, fast food, grocery stores and bookstores are popular items but we welcome any donations of new items for either raffle. If you opt for gift cards, remember to order them through Script and the church benefits twice! Raffle and quilt tickets are ordered and should be available sometime in June. Any questions contact a committee member.

### HELP NEEDED!

We are looking for individuals to help with Vacation Bible School. Volunteers are needed in the following areas: preparation of craft supplies and decorations (can be done in early July), kitchen, arts & crafts, games, music, and more. Sign-up sheets will be posted at church or contact Mary Johnson, Sue Hillstrom, Caroline Romaine, or Pastor Tara for more information.

### READ WITH ME

Do you want to see where the children's books go that we collect each year? Pastor Tara is organizing a day for our church to volunteer at Next Door Milwaukee. Our shift would be from 9-11am. **Available dates are July 11th or 13th, August 1st, 3rd or 8th.** Sign up at church or contact Pastor Tara for more information.

### BOOK DRIVE

We are once again collecting children's books for Next Door Milwaukee's "Books for Kids" program. There will be a collection box in the lobby for new and gently used board books and picture books for children 0-6. **The collection will run through August.**

By expanding the number and frequency of reading experiences Books for Kids inspires young people to develop an appreciation and love for books. As a result, Milwaukee children improve reading fundamentals, school preparedness, and their chances of achieving long-term academic success.

### ATTENTION KNITTERS AND CROCHETTERS

The Prayer Shawl Ministry is engaged in knitting and crocheting prayer shawls and



lap blankets for those facing physical challenges, the homebound, newly baptized and others. These gifts are meant as tangible signs of God's love and the prayers of our congregation for that individual.

The group meets at Latitudes Coffee House (corner of Pilgrim & County Line Rd.) on the 2nd Wed of the month from 2-4pm.

**Our next meeting is June 14th**

### Library

Did you know that in addition to our outdoor



"Little Free Library", we also have a lending library inside the church? There are a variety of books, movies, and cds for children, youth and adults on the shelves in the lobby. New items are being added each month. Find something you like?—Just fill in your name on the index card in the book pocket (located in the inside front cover or back) and drop it in the plastic box. When you return your item simply place it in the box below the shelves and we will take care of re-shelving it for you.



### **Fellowship**

Please consider signing up for Fellowship following church services in our Fellowship Hall ( a clip board with the sign - up sheet is located near the kitchen). Join us after church. All member and friends are welcome. Any question contact Sharon Reeder at 262-251-5946.

### ***Dates Committees are serving Fellowship:***

**June 4th, 2017 – Outreach Committee**

**\*June 11th – August 2017 - Juice and Coffee served**

### ***Volunteers needed:***

Volunteers will be needed to provide rides to church members who do not have transportation to - from church. Please contact the church office or Pastor Tara Tetzlaff if interested in volunteering at **262-251-0640**.

**Outreach Meetings:** Any members wishing to join the committee are welcome. The next Outreach Committee meeting is **Sunday June 25th, 2017 at 9:00am**. We meet in the Fraederich Education room. Contact Caroline Romaine at 262-385-1327 for more information.

## **NEWS FROM OUTREACH COMMITTEE**

### **St. John U.C.C.**

Report on Adult Fellowship outing to Menomonee Falls Patio Players – Performance of “Spam - a - Lot” April 30<sup>th</sup>, 2017 at 2:00pm. 19 Members and friends from St. John U.C.C. and Our Saviour U.C.C. attended the performance. The performance was wonderful. Following the play members and friends met back at St. John U.C.C. for delicious Roast beef sandwiches, relish tray, beverages, and desserts. Thank you to Bob Lehmann and Jeannie Lehmann for organizing the event.

### **Mark your calendars - Up Coming Events:**

**St. John U.C.C. Brat Fry Days - Pick n’ Save in Menomonee Falls  
Saturday June 24<sup>th</sup>, 2017**

Time: 10:00 am – 3:00pm

**\*\*\* Note location -** Located at Pick n’ Save in Menomonee Falls N.77 W.14435 Appleton Ave. (Across from Menomonee Falls High School and North of Lilly Rd.).

**Saturday July 8<sup>th</sup>, 2017**

Time: 10:00 am – 3:00 pm

**\*\*\*\*\* Note location -** Located at Pick n’ Save County Line Rd. - Menomonee Falls

N. 95 W.18351 County Line Rd. (Corner of County Line Rd. and Appleton Ave.)

**Volunteers needed. A sign – up sheet will be posted for those who would like to volunteer at the Brat Fry during the summer.**

***Brat Fry proceeds will benefit future Outreach events and  
10% of our sales will be donated to Mission Alive***

### **July 2017**

**Church Picnic - Sunday July 16<sup>th</sup>, 2017 following the church service.**

Please join us for this Fun Family Event – Church Picnic to be held Sunday July 16<sup>th</sup>, 2017 following church service. Food will be provided by the Outreach Committee. We will have a variety of games. There is no cost to members or friends of St. John U.C.C. or Our Saviour U.C.C. Please invite your family, friends, and neighbors.

Look for a sign – up sheet posted on the bulletin board on the stairwell landing.



**August 2017**

St. John Adult Fellowship  
Milwaukee Brewers Outing

Milwaukee Brewers vs Cincinnati Reds . **Sunday, August 13<sup>th</sup>**  
(Game Starts at 1:10 pm). \$20.00 & Dish to Pass, Gets You: Game Ticket/  
Tailgate Party. \$5.00 toward Parking for Cars with 5 or more. Meet at Wick  
Field (51<sup>st</sup> Vliet) 10:30am. To order your tickets. Call Bob Lehmann (262-  
251-1756). ***We Purchased a Limited Number This Year – So Call Now***

### Recipe Corner

St. John U.C.C. has some wonderful cooks and bakers and during Fellowship, Potluck Dinners or Vacation Bible School we have had requests for some of the recipes. Each month in the Heart Beat Newsletter the Outreach Committee will enter a new recipe. If you have one you would like to submit, please drop it off in the church office, clearly labeled and we will put it in the Recipe Corner.



### Homemade Lemonade

Recipe from Betty Crocker Cookbook circa: 1984

3 cups water

1 cup lemon juice (about 4 lemons)

½ cup sugar or ¼ cup Splenda

Ice

In a large pitcher; mix three cups water, squeezed juice of four lemons and ½ cup sugar or ¼ cup Splenda. Serve over ice. Makes 5 servings about ¾ cup each.

Enjoy with friends and family

### BLESSING BAGS

The Outreach Committee, in conjunction with Mission Alive, has embarked on a project of ministry to the homeless. We put together “Blessing Bags for the Homeless”. These packages, which are the size of a Zip-Lock bag, will contain various items such as energy bars, bottled water, cleansing wipes, mints, etc. The “Blessing Bags” are available in the lobby to church members who may keep them in their cars and have them handy when meeting individual’s in-need while driving throughout the area.

### DISCRETIONARY FUND

St John has started a new Fund at our Church. The newly formed Discretionary Fund is financially supported by the Mission Alive Committee. The purpose of the fund is designed to help church members and their families in cases of unusual or unexpected financial burdens. Pastor Tara has money set aside for this emergency. If you are experiencing a financial hardship, please talk with Pastor Tara. Pastor does not report use of this fund to any committee or church member (this is a private matter). This Fund has been approved by the Church Council and the Mission Alive Committee.

### COLLECTION IS EASY!!!

We are collecting UPC’s and Boxtops for Crossroad Child & Family Services, Inc., Fort Wayne, Indiana, which is a member of CHHSM—the Council for Health and Human Service Ministries of the United Church of Christ. Campbell’s UPC codes are also needed. There is a collection box in the lobby.

### FOOD PANTRY NEEDS UPDATE

- \* Baked beans
- \* Boxed or bagged potato mix
- \* Canned peas
- \* Canned pasta
- \* Hamburger Helper mixes
- \* Chunky soup
- \* Mandarin oranges, pineapple, mixed fruit
- \* Flavored rice mixes (Rice-a-roni type)
- \* Salad dressing/BBQ sauce
- \* Cookies/snacks
- \* Refried beans
- \* Low sodium vegetables
- \* Dry soup mixes
- \* Sugar and flour
- \* Cake frosting
- \* Pickles and olives
- \* Dish Soap
- \* Stuffing
- \* Chicken Noodle Soup
- \* Lotion, Shampoo, Deodorant

Anything you can donate will be appreciated.

## JUNE

### **LITURGISTS**

4 Eric Hillstrom  
11 Mary Johnson  
18 Joan Schaetzel  
25 Mary Johnson

### **GREETERS**

### **USHERS**

4 Andy Boneski & John Schaetzel  
11 Eric & Sue Hillstrom  
18 Donna Tess & Carol Vanderlois  
25 Sharon Reeder & Caroline Romaine



**We are in need of Liturgists and Greeters. If you are interested in either of these, or both, please contact Barb in the church office for more information.**

### **MAINTENANCE**

It's grass cutting time again. We have contracted with Rock Solid to cut the church and cemetery grounds at a cost of \$80 per cut. To help defray this cost, we are asking for donations towards this expense. Just mark your donation for "lawn cutting". Thank you for your consideration.

### **Youth Group News**

**Noah's Ark Trip:** Our third annual Noah's Ark Trip will be on **Monday June 12<sup>th</sup>**. Cost is \$18 per person which includes your admission and a hot dog lunch (hot dog, chips, pickle & soda). Open to all ages. Youth under 6th grade must have a parent or other adult accompany them. Registration forms (required for all under 18) can be found on the table in the

lobby, on the church website, or from Pastor Tara. Sign up sheet is posted on the landing. We will leave Germantown around 8:45 am with a return time around 7pm.



### **CAMP: It's Not Just for Kids**

Our UCC camps offer a wide variety of fun and engaging options for vacation for children, families, and adults. For our families with young children (ages 5+) there are Mom & Me, Grandparent & Me, as well as general family camps. There are short 1/2 week camps for grades 1-3. Grades 3-12 have a wide variety of (mostly) week-long camp options including :MADD (music, arts, dance, and drama), Pilgrim Story, PilgrimCon (for those into sci-fi, Harry Potter, Marvel, etc), Adventure camps, Sailing camps, and more. Adults can get in on the action too with Young Adult Adventure Camp, Golf Camp, Stitch in Time quilting Retreat, Sixties Plus, Active Adult Adventure, Quilting and Crafting Retreat. Work and mission camps are also available for those wanting to donate their time to help with projects around the camp and in the wider community. Check out [www.ucci.org](http://www.ucci.org) for more information or talk to Pastor Tara. There are multiple scholarships available for children, adults, and families to help with cost.

### **Run/Walk for the Hungry**

Join the St. John team on Friday, June 16, at 7pm for the Run/Walk at Polish Fest. \$30 adult run/\$20 child run, \$25 adult walk/ \$15 child walk. All prices increase \$5 after June 4th. St. John needs a team of 10 to have our team name printed on the shirt sleeve. Raffles with wonderful prizes after the run/walk. Register at [capuchinsrunwalkforthehungry.org](http://capuchinsrunwalkforthehungry.org), or see Karen Becker to register.



## CELEBRATIONS: BIRTHDAYS AND ANNIVERSARIES

### JUNE BIRTHDAYS

- |                     |                  |
|---------------------|------------------|
| 3 Hannah Schaetzel  | 22 Sue Hillstrom |
| 5 Carter Luckow     | Sarah Hillstrom  |
| 8 Lucas Schaetzel   | 29 Emma Toth     |
| 9 Shirley Fraedrich |                  |
| 14 Griffin Lietzau  |                  |
| 15 Ken Schaetzel    |                  |
| John Schaetzel      |                  |



### JUNE ANNIVERSARIES

- 3 Rich & Cherie Bersch  
10 Gayle and Dennis Johnson  
14 Jim & Jean Koedinger  
17 Bob & Jeannie Lehmann  
20 Mike & Corrine Szymik  
25 Mark & Judy Luckow



### JUNE CALENDAR

**6th—9am** Gardening w/God  
**7th—4:30pm** Christian Bd.  
Of Education Mtg.  
**8th—6:30pm** Council Mtg.  
**9th—11th** Annual Conference  
Mtg. at Green Lake  
**12th—8:45am-7pm** Noah's  
Ark  
- **6pm** 175th Anniver-  
sary Planning Team Mtg.  
**13th—9am** Gardening w/  
God

**14th—2-4pm** Prayer Shawl  
at Latitudes  
**16th—7pm** Run/Walk for  
Hunger—Polish Fest  
**20th—9am** Gardening w/  
God  
**24th—10am-3pm** Brat Fry  
( Pick 'n Save—Appleton Ave)  
**25th—9am** Outreach Mtg.  
**27th—9am** Gardening w/  
God

### GARDENING WITH GOD

Join us on Tuesday mornings from 9-11am as we work to maintain our beautiful prayer garden. We conclude with a brief devotional and refreshments.



### PRAYER LIST

- ◇ Prayers for Mike Szymik
- ◇ Prayers for our church that it may grow
- ◇ Prayers for Mary Ann Toth
- ◇ Prayers for Kirk (Lois Cozzuli's son) and Nicole (Lois Cozzuli's daughter)
- ◇ Prayers for Laura W., as she battles cancer
- ◇ Prayers for Tim Roskopf, son of Karen Roskopf
- ◇ Prayers for Stacy C., daughter of Janet Robinson
- ◇ Prayers for Kathleen DeWall, recovering from surgery
- ◇ Prayers for Serena, sister of Mary Johnson
- ◇ Prayers for Henry Dieringer, friend of the Huth Family
- ◇ Prayers for Jason, grandson of Karen Roskopf

## ST. JOHN UCC

N104W14181 Donges Bay Rd.

Germantown, WI 53022

Our Mission is to Celebrate, Reach  
Out, Enrich, and Welcome in the  
name of Jesus Christ.

PLEASE  
PLACE  
STAMP  
HERE



*God is still speaking,*  
**UNITED CHURCH  
OF CHRIST**

## **WORSHIP SERVICES**

*Sunday Worship Service at St. John UCC—  
10:30am*

*Sunday Worship Service at Our Saviour's UCC—  
8:30am*