

# Heartbeat News

FROM THE PASTOR'S DESK



Greetings in the name of our Savior Jesus Christ,

This morning I washed the windows, but I'm not so sure what compelled me to do so. Perhaps the reminder that this week marked the anniversary of my grandma's birthday and I recalled memories of her death-defying window-washing acrobatics. It may have been an unconscious desire to put off a long day of sermon writing. Whatever the reason, as I was balancing books and papers in one arm and a cup of tea and plate of fresh fruit in the other, I suddenly noticed the layer of grime that coated our sliding glass patio door. Laying aside my writing supplies I shuffled off to the laundry room for some Windex and rags. After much spraying and rubbing (just when was the last time I'd washed the windows!), I stepped back and surveyed my work. Perhaps it was just my imagination but suddenly the world seemed brighter and crisper. Much to my surprise there was a noticeable lightness to everything, inside and out. I chuckled as I re-gathered my supplies as I found myself humming "I can see clearly now the grime is gone, no more obstacles in my way..."

And what I wonderfully productive writing day I had after that! It got me to thinking about all the accumulations of 'stuff' in our lives, not just physical clutter or plain-old grimy dirt, but all of the emotional junk that adds to our interior gloom and lends such a dismal outlook when we do take a chance at peering out at the wider world. It all starts innocuously enough: a dusty layer of disappointment, a squashed bug of tragedy, the smudges that come from disagreements until suddenly you discover one day that no light seems to penetrate and it's too grimy to see your way out (ok, so my windows weren't nearly THAT bad!).

The key is to find a way to clear it all off, so that you can open up and feel the life-giving shine of the Son. Sometimes with a little encouragement and the proper resources we can do some of this work ourselves, but often times, we need to call on help (by the way, anyone want to take over my grandma's window-washing job?). Seriously though, this is where the importance of belonging to a community of faith comes in. The church, as a collective of individuals gathered to worship and serve God, also seeks to care for those inside and outside of its walls by connecting them to Christ. The good news of Jesus Christ is that no cause is too hopeless and no life too messy. When we turn to

(Continued on page 2)

St. John UCC

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## INSIDE THIS ISSUE

- Got Questions?.....1 & 2
- Crafters Clup.....2
- Ed. & Small Group Opportunities.....3
- Outreach.....4 & 5
- Crop Walk.....5
- Food Pantry Needs.....5
- Usher /Liturgist/Greeter Schedule.....6
- Craft Fair.....6
- Women's Guild.....6
- Neighbors in Need.....6
- Birthdays/Anniv.....7
- Oct. Calendar.....7
- All Saints Day.....7
- Prayer List.....7



### **CRAFTER'S CLUB**

Whatever your hobby, bring whatever projects you want to work on and join with other crafters for a day of fun. New this year: materials and training provided if you would like to help with various "crafty things" to be distributed to area hospitals and nursing homes. Drop in for an hour or stay for the day. Coffee, Tea, & Cocoa bar provided. Feel free to bring a snack to share. We often order pizza & subs or you are welcome to bring a bag lunch. Meets one Saturday a month from

10am-3pm. **Next Craft**

**Day: Oct. 8th, from**

**10am—2pm at Our Saviour's.**

Additional Crafter's

dates are: Nov. 12th at St.

John and Dec. 10th at St.

John

### **ENJOY QUILTING OR WANT TO LEARN**

**HOW:** Plans are being made to start a joint quilting group between St. John and Our Saviour's. If interested, please sign up in the lobby.

God we are offered the hope of a brighter tomorrow, a clean heart, and a freed conscious. It is as the psalmist writes "purify me with hyssop and I will be clean; wash me and I will be whiter than snow" (Psalm 51:7). No one is beyond the reach of God's love. God knows and loves each one of us completely, there is no place to which God cannot or will not go to save and redeem those whom God has created and loves (Psalm 139).

On the journey of faith the Church serves as Christ's physical presence in the world. Through worship, small group engagement, Bible Study, ad pastoral care we seek to provide the resources and support to help all who are in search of new life. If you are feeling lost, over-whelmed, alone or overcome by the troubles of this world, I urge you to reach out, to God and to the Church, that you might find restoration and renewal.

"May the Lord bless you and protect you. The Lord make his face shine on you and be gracious to you. The Lord lift up his face to you and grant you peace." (Numbers 6:12-16)

*Pastor Tara*

### **GOT QUESTIONS???**

"Where does the Doxology come from?"

First, a definition: a 'doxology' is a hymn or chant in praise of God that gives glory to the Persons of the Trinity. There is no one doxology, but it is a more generic classification. You can think of it this way: prayer is an extremely generic term in the bulletin, a prayer of confession is a specific type of prayer but there are many different prayers of confession one might pray. Likewise the doxology is a type of hymn, but there are many different doxologies one might sing. Some of the most common are the 'Gloria in excelsis (known as the Greater doxology) and the 'Gloria Patri' (known as the Lesser doxology", there are also a number of metrical forms that are sung. What we sing as the 'doxology' in worship each Sunday is actually just the sixth verse of the hymn "Awake my Soul and with the Sun' written by Thomas Ken in 1695. At the time it was written it was considered blasphemous because up to this time only direct words of scripture were sung in church. It is a bit ironic when you consider that a song that was considered blasphemous and inappropriate for church is now considered a required part of most worship services. (Incidentally the Doxology as we sing it in church is the "faith foundation" that the Sunday School students are learning for the month of October. Join us for worship on October 30<sup>th</sup> and you will hear our children share this and other songs they are learning in class).

## EDUCATIONAL & SMALL GROUP OPPORTUNITIES

### MONDAY MORNING BIBLE STUDY

This fall's study will begin with a series of units on Women of the Bible. We will begin with a few sets of women from the Old Testament. During this first unit we will cover the entire books of Ruth and Esther. In Mid-October we will move onto The Women of Jesus, which takes a closer look at the four women listed in the genealogy of Jesus from the gospel of Matthew. The unit on Women of Jesus will conclude with a series of short vignettes on the various "Marys" of the New Testament, including Mary of Magdala, and Mary the mother of Jesus. For Advent we will be using a purchased book that offers a reflection on scripture through the four weeks of Advent. We will conclude our Fall unit just before Christmas and be on Winter break until mid-late January. A one-week break has been scheduled at the end of each unit. While we will be making every effort to stay on schedule, we will utilize that week to catch up or make up information as the need arises.

#### October Schedule:

#### EARLY WOMEN OF THE BIBLE

3rd: Vashti and Esther

10th: BREAK

#### THE WOMEN OF JESUS

17<sup>th</sup>: Tamar, 24<sup>th</sup>: Rahab, 31<sup>st</sup>: Ruth (and Naomi)

**Meets at Our Saviour's UCC, W172 N12533 Division Rd., Germantown, WI, from 11am-12:30pm each Monday.**

### MORAL MONDAYS

The purpose of this group is to study and discuss various topics of social justice that are informed by our faith and are recent or ongoing issues of national and/or international concern. In the interest of creating a safe space for respectful dialogue we will begin our study with the Five Habits of the Heart, based upon Parker Palmer's work on *Healing the Heart of Democracy*.

#### October Schedule

3: Habits of the Heart: 4 and 5

10: On Behalf of our Children: Wisconsin's Racial Disparities and the Call of the Gospel-Session 1

17: On Behalf of our Children-Session 2

24<sup>th</sup>: On Behalf of our Children – Session 3

31<sup>st</sup>: On Behalf of our Children – Session 4

We will meet **weekly on Mondays, 6pm -7:30pm** in the Education Room at St. John UCC.

### READER'S REVOLUTION BOOK CLUB

We are starting the year with a new name AND a new location. Reader's Revolution Book Club (formerly the Starbucks Book Club) is moving to Latitudes Coffee House (corner of Pilgrim and County Line) and will meet on the **3<sup>rd</sup> Wednesday of each month at 6pm.**

#### Fall 2016 Schedule

**Oct. 26**– Life Together by Dietrich Bonhoeffer (**date change due to conflict**)

**Nov. 16**—Twelve Theological Dilemmas by Gregory C. Higgins

**Dec. 21**– Twelve Theological Dilemmas by Gregory C. Higgins

### ATTENTION KNITTERS AND CROCHETTERS

Besides the interest in quilting, another ministry has come out of the Saturday Craft



Day. Several of us have expressed an interest in making Prayer Shawls. Several shawls have already been made. If you are interested, please contact Pastor Tara or Joan. This is something you can do on your own or as part of a group. This is an exciting ministry. Please give it some thought! The group will be gathering at Latitudes Coffee House (corner of Pilgrim & County Line Rd.) on the 2nd Wed of the month from 2-4pm.

### ADULT COLORING GROUP

Did you enjoy coloring as a child? Looking for a way to relieve stress or just curious as to what this whole "adult coloring" craze is all about? Whatever your motivation, you are welcome to join us for an evening of coffee, coloring and conversation. We will be meeting on the **first Wednesday of each month from 6-8pm at Latitudes Coffee House** (at the corner of Pilgrim and County Line). Coloring pages and supplies provided or bring your own.





## **Fellowship**

Please consider signing up for Fellowship following church services in our Fellowship Hall ( a clip board with the sign - up sheet is located near the kitchen). Join us after church. All member and friends are welcome. Any question contact Sharon Reeder at 262-251-5946.

***Dates available for members to sign – up for Fellowship:  
Oct. 9th, 16th, 23rd, & 30th***

***Dates Committees are serving Fellowship:  
November 6<sup>th</sup>, 2016 –  
Church Council***

**Outreach Meetings:** Any members wishing to join the committee are welcome. The next Outreach Committee meeting is TBA. We meet in the Fraederich Education room. Contact Caroline Romaine at 262-385-1327 for more information.

### ***Volunteers needed:***

Volunteers will be needed to provide rides to church members who do not have transportation to - from church. Please contact the church office or Pastor Tara Tetzlaff if interested in volunteering at 262-251-0640.

## OUTREACH COMMITTEE

### **St. John U.C.C.**

### **Heart Beat Newsletter October 2016**

### **Outreach Committee**

Report on Milwaukee Brewer's Game Sunday August 28<sup>th</sup>, 2016. Adult Fellowship planned the Brewer Game outing which was held on August 28<sup>th</sup>, 2016. After church services at Our Saviour U.C.C.; we tail gated to Miller Park. 40 friends and members attended. Many different snacks, salads and desserts were served at the tailgate outing. Game time was at 1:10pm.

The Milwaukee Brewers played the Pittsburg Pirates. Final score was Pittsburg Pirates 3, Brewers 1. Despite the loss fun was had by all. Thank you to Bob and Jeannie Lehmann for organizing the event.

**Mark your calendars - *Up Coming Events:***

### **October 2016**

#### **Sunday October 2<sup>nd</sup>, 2016 - World Communion Sunday**

#### **“Neighbors in Need” – Pot Luck Dinner**

On Sunday October 2<sup>nd</sup>, 2016 we will be having a Pot Luck Dinner following church service to celebrate World Communion Sunday. A sign - up sheet will be located on the bulletin board on the stairway landing to the Fellowship Hall. Please sign up to bring a dish, salad, or dessert to share. We encourage you to invite your friends, neighbors, and families to the Pot Luck Dinner.

***In the spirit of giving please bring a nonperishable food item to donate to the Menomonee Falls Food Pantry.***

**Sunday October 9<sup>th</sup> - Crop Walk – more information TBA**

**November 2016 – Trivia Night – more information TBA**

**November 27<sup>th</sup>– First Sunday of Advent “Hanging of the Greens” – Service**

**December 2016 - Christmas Caroling - Date and time TBA**

## Recipe Corner

St. John U.C.C. has some wonderful cooks and bakers and during Fellowship, Potluck Dinners or Vacation Bible School we have had requests for some of the recipes. Each month in the Heart Beat Newsletter the Outreach Committee will enter a new recipe. If you have one you would like to submit, please drop it off in the church office, clearly labeled and we will put it in the Recipe Corner.



**Goulash** *Recipe in Memory of my Mother Delores Miller - Caroline Romaine*

### Ingredients:

- 1 ½ pounds of ground beef - crumble into small dime size pieces
- 1 large onion – diced
- 6 – 7 medium to large potatoes – peeled and sliced into rounds
- 1 cup of chopped green pepper
- 1 – 14 oz. can of tomato soup
- ¼ cup water
- 1 – 8 oz. tomato sauce
- Salt
- Pepper

### Directions:

In a small mixing bowl mix tomato soup, tomato sauce, ¼ cup water and set aside. In a 3 quart baking dish, spoon a ¼ cup of tomato mixture; then layer crumbled ground beef, diced onion, chopped green pepper, layer of potatoes, salt & pepper; followed by ½ cup of tomato mixture. Repeat forming three layers; pour the rest of the tomato mixture on top of the potatoes. Cover with aluminum foil. Bake at 350 degrees for 2 hours; then remove aluminum foil and bake an additional 30 minutes. ENJOY!!

## CROP WALK

The confirmation class invites members of Our Saviour's and St. John to join together with them in ending hunger, locally and abroad through the Church World Service Greater Milwaukee CROP Hunger Walk.

**What is it?** --The walk is an interfaith event that builds community as neighbors walk together to raise funds to end hunger in our local communities and around the world. Over 1,500 communities in the US participate each year. In recognition of the reality that hunger happens not only across the world but in our own backyard, 25% of funds raised stay in the local community to support area food banks, pantries, community gardens and other hunger-fighting initiatives.

### How can you help?

1. Walk with our youth on **Sunday October 9<sup>th</sup>** at McKinley Marina at Milwaukee's Lakefront. You have your choice of 2 mile or 5 mile routes. We will be car-pooling from St. John at noon and the walk begins at the Marina at 1pm.
2. Sponsor our walkers by giving donations (all checks should be made out to CWS/CROP). All donations should be turned into Pastor Tara by the morning of October 9<sup>th</sup>.
3. Donate non-perishable food items for the Food Drive (no glass containers please!).

To register, donate, or for more information, contact Pastor Tara.

## COLLECTION IS EASY!!!

We are collecting UPC's and Boxtops for Crossroad Child & Family Services, Inc., Fort Wayne, Indiana, which is a member of CHHSM—the Council for Health and Human Service Ministries of the United Church of Christ. Campbell's UPC codes are also needed. There will be a collection box in the lobby.

## FOOD PANTRY NEEDS UPDATE

- \* Pork n' beans
  - \* Boxed or bagged potato mix
  - \* Cereal
  - \* Canned peas
  - \* Canned pasta
  - \* Hamburger Helper mixes
  - \* Chunky soup
  - \* Mandarin oranges, pineapple, mixed fruit
  - \* Flavored rice mixes (Rice-a-roni type)
  - \* Salad dressing/BBQ sauce
  - \* Cookies/snacks
  - \* Refried beans
  - \* Low sodium vegetables
  - \* Dry soup mixes
  - \* Sugar and flour
  - \* Cake mixes and frosting
  - \* Pickles and olives
- Anything you can donate will be appreciated.

## **SEPTEMBER**

### **USHERS**

2 Andy B. & John S.  
9 Eric & Sue H.  
16 Rich & Cherie B.  
23 Polly & Tom W.  
30 Jean Koedinger &  
Ashley Skrober

### **GREETERS**

2  
9 Andy Boneski  
16  
23 Andy Boneski  
30

### **LITURGISTS**

2 Eric Hillstrom  
9 Mary Johnson  
16 Joan Schaezel  
23 Vanessa Tetzlaff  
30 Eric Hillstrom



**We are in need of Liturgists and Greeters. If you are interested in either of these, or both, please contact Pastor Tara for more information.**

### **CRAFT FAIR**

A big thank you to all who made this year's Craft Fair a great success! The results of the Fair were not available before the newsletter deadline, so wait for more information in the November issue.

### **WOMEN'S GUILD NEWS**

Programming and business meetings for the 2016-2017 Women's Guild will begin **October 5**. (There was no September meeting due to the Craft Fair.) Meetings begin at 7:00 with dessert, devotions and short program. (If there is program or concern that you would like to share please contact a Guild Member) We will be planning for the Thanksgiving Baskets at the October meeting, November we will be putting the baskets together and December will be our famous Christmas Party with Take Away Bingo. Sign up sheets will be posted. Come and join us

### **NEIGHBORS IN NEED OFFERING—OCTOBER 2ND**

In addition to the regular support we give to our denomination's ministries through Our Church's Wider Mission funds, the United Church of Christ has three Special Mission Offerings each year which exist to allow congregations and individuals to meet people at points of critical need in their lives. These offerings seek to serve four areas where critical human needs exist:

- in places lacking health and educational resources and/or where disaster has struck;
- within systems of injustice which oppress daily life and opportunity;
- in the lives of church leaders without sufficient resources to live with dignity;
- in the nurture of youth and congregations just beginning their lives of faith.

The Neighbors in Need offering which we will receive on October 2<sup>nd</sup>, supports the UCC's ministries of justice and compassion throughout the United States. Two-thirds of the offering is used by the UCC's Justice and Witness Ministries to fund a wide array of local and national justice initiatives, advocacy efforts, and direct service projects. Through [ucc.org/justice](http://ucc.org/justice) our national Justice and Witness Ministries office offers resources, news updates and action alerts on a broad spectrum of justice issues. Working with members of the UCC Justice and Peace Action Network (a network of thousands of UCC justice and peace advocates), Justice and Witness continues its strong policy advocacy work on issues such as the federal budget, voting rights, immigration, healthcare, hate crimes, civil liberties, and environmental justice. Neighbors in Need also supports our American Indian neighbors in the UCC. One-third of the offering supports the UCC's Council for American Indian Ministries (CAIM). Historically, forebears of the UCC established churches and worked with Lakota, Dakota, Nakota, Mandan, Hidatsa, Arickara, and Hockak in North and South Dakota, Wisconsin and northern Nebraska. Today there are 20 UCC congregations on reservations and one urban, multi-tribal UCC congregation in Minneapolis, Minnesota. These churches and their pastors are supported by CAIM. CAIM is also an invaluable resource for more than 1,000 individuals from dozens of other tribes and nations who are members of other UCC congregation in the U.S.

## CELEBRATIONS: BIRTHDAYS AND ANNIVERSARIES

### OCTOBER BIRTHDAYS

12 Bonnie Pfeil  
Sophia Delain  
13 David Taylor  
15 Tyler Ellingson  
19 Jean Koedinger  
28 Ken Roskopf



### OCTOBER ANNIVERSARIES

2 - Ken & Diane Ramthun  
11 - Thomas & Polly Weber  
13 - Ken & Karen Roskopf  
20 ~ Matthew and Mallory Luckow



**WEDDING BLESSINGS** to Steve and Melissa (Koedinger) Duerr who exchanged marriage vows at St. John on Sept. 17th.

### OCTOBER CALENDAR

**2nd—World Communion Sunday**—Children's Choir—Messy Church and Potluck to follow

**3rd—11am-12:30pm** Bible Study at Our Saviour's

**6pm** Moral Monday's at St. John

**5th— 6-8pm** Adult Coloring—Latitudes Coffee Shop

**7pm**—Women's Guild

**6th—9-Noon** Office Open

**8th— 10am-3pm** Crafter's Day at Our Saviour's

**9th—Noon-3pm** Confirmation Class—**Noon Carpool from St. John—Crop Walk**

**9th—15th**— Adult Mission Trip

**10th—11am-12:30pm** Bible Study at Our Saviour's

**6pm** Moral Monday's at St. John

**12th—2-4pm** Prayer Shawl Ministry—Latitudes Coffee Shop

**13th—6:30pm** Council Mtg.

**17th—11am-12:30pm** Bible Study at Our Saviour's

**6pm** Moral Monday's at St. John

**19th—NO BOOK CLUB (moved to 10/26)**

**24th—11am-12:30pm** Bible Study at Our Saviour's

**6pm** Moral Monday's at St. John

**26th—6pm** Book Club at Latitudes Coffee Shop

**31st—11am-12:30pm** Bible Study at Our Saviour's

**6pm** Moral Monday's at St. John

**ALL SAINTS DAY CELEBRATION**—will be held on **Oct. 30th**. Please submit names of an individuals who have died in the past year to the office by Oct. 24th to be included in the Remembrance Service.

### **PRAYER LIST**

- ◇ Prayers for Mike Szymik
- ◇ Prayers for our church that it may grow
- ◇ Prayers for Mary Ann Toth
- ◇ Prayers for Kirk (Lois Cozzuli's son) and Nicole (Lois Cozzuli's daughter)
- ◇ Prayers for Laura W., as she battles cancer
- ◇ Prayers for James, friend of Donna Tess
- ◇ Prayers for Liz W., sister of Barb W.
- ◇ Prayers for Ann La-Marre
- ◇ Prayers for Diann Schaetzel
- ◇ Prayers for Tim Roskopf, son of Karen Roskopf

### **PRAYER OF COMFORT**

for Joan Schaetzel and family on the passing of her sister, Doris Smith

### **Address Change:**

Andy Boneski  
N198 W17075 Ava Cr. #111  
Germantown, WI 53022

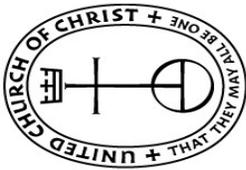
**ST. JOHN UCC**

N104W14181 Donges Bay Rd.

Germantown, WI 53022

Our Mission is to Celebrate, Reach  
Out, Enrich, and Welcome in the  
name of Jesus Christ.

PLEASE  
PLACE  
STAMP  
HERE



*God is still speaking,*  
**UNITED CHURCH  
OF CHRIST**

**WORSHIP SERVICES**

*Sunday Worship Service at St. John UCC—  
10:30am*

*Sunday School: 11:15-Noon at St. John UCC*

*Sunday Worship Service at Our Saviour's UCC—  
8:30am*