

# Heartbeat News



## FROM THE PASTOR'S DESK

Greetings in the Name of Christ,

If you have been attending the Wednesday evening Lenten gatherings then you probably know that our Lenten focus is on learning a variety of ways to pray. Prayer is an essential element in the walk of faith, facilitating an ongoing conversation and relationship between us and God. Although there are countless ways to pray, all prayer essentially comes down to four main elements: adoration, confession, thanksgiving, and supplication. Our prayer stations on Ash Wednesday helped us to walk through each of these elements of prayer but for the benefit of those who were not there and for those who want a 'refresher' I will explain each of these elements in greater detail.

**Adoration:** "Praise the LORD, all you nations! Worship him, all you peoples!" (Psalm 117:1). Put simply adoration is the "praise" of God in our prayers. Most notably our 'adoration' of God occurs in the opening lines of prayer when we address God (i.e. Mighty Creator, who redeems us and sustains us through your merciful and steadfast love).

**Confession:** "Create a clean heart for me, God; put a new, faithful spirit deep inside me!" (Psalm 51:10 CEB) In this element of prayer we acknowledge all of the ways we have failed to live rightly, through what we have done and what we have left undone. While addressed to God, we acknowledge not only the ways in which we have strained the relationship between us and God, but also acknowledge the ways in which we have failed to serve God through right relationship with others.

**Thanksgiving:** One of the most common elements of prayer, thanksgiving is when we are mindful of all the ways in which God is present in our lives and the blessings which God bestows upon us and others. The challenge of this element of prayer is to "give thanks in every situation" (1 Thessalonians 5:18).

(Continued on page 2)



St. John UCC

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### INSIDE THIS ISSUE

Council Report .....	2
Thank You Notes.....	2
Educational Opportunities.....	3
OGHS.....	3
Collections.....	3
Outreach.....	4, 5
Recipe of the Month.....	5
Call Your Pastor.....	5
Usher /Liturgist/Greeter Schedule.....	6
Craft Fair.....	6
VBS.....	6
Women's Guild.....	6
Noah's Ark.....	6
Birthdays/Anniv.....	7
Upcoming Events.....	7
Prayer List.....	7

## COUNCIL HIGHLIGHTS FOR FEB.

At its monthly meeting held on February 11th, the St. John Church Council:

- Approved the proposed 2016 budget for final action by the congregation at the Annual Meeting.
- Approved the recommendation of the Worship Committee for a joint early Easter service with Our Saviour's.
- Approved a recommendation from the Constitution Committee for modification of proposed constitutional amendments for final action by the congregation at the annual meeting.
- Approved use of the Fellowship Hall on Saturday, March 5 from 10 am to 5 pm by Youth For Understanding.

Present: Eric Hillstrom, Mary Johnson, Donna Tess, Cherie Bersch, Judy Luckow, Sharon Reeder, Andy Boneski, Pastor Tetzlaff

Absent: Greg Schwartz

Next Council meeting:  
March 10, 2016



**Supplication:** “Don’t be anxious about anything; rather, bring up all of your requests to God in your prayers and petitions” (Philippians 4:6). Oftentimes it is our needs that drives our desire to pray. Supplication is that opportunity to pray for God’s action in the world on behalf of ourselves or others.

As we continue on our Lenten journey I pray that in our explorations of the various forms and ways of prayer that each of us finds new and meaningful ways to grow in our faith as we incorporate the discipline of prayer into our lives. Just as the Bible instructs us to “pray continually” (1 Thessalonians 5:17) may we continually find ourselves nourished, enriched, instructed, and empowered by our conversations with God that we may live lives worthy of the Gospel and as witnesses of the Good News to all the world.

Grace and Peace,

Pastor Tara

### Thank You Notes.....

♦ *Thank you for your donation of \$300 along with the scarves, mittens and gloves you brought us last month, to St. Ben’s Meal/Capuchin Community Services. It is because of your generosity and the support of many others that St. Ben’s and House of Peace are able to do their ministry to folks who struggle to obtain the basics of life for themselves and their families. We could never survive at either of our ministry sites if it weren’t for so many like you, believing in us and our mission. We are grateful and say Thank You for helping us to care for those who struggle for the basic necessities in life. Blessings to each of you for caring!*

*Peace and all Good, Br. Rob Roemer, Capuchin, Director*

♦ *Rev. Tetzlaff,*  
*I just wanted to say thank you for the care package of goods you and the church sent me for Valentines day. It is greatly appreciated! I hope you are doing well, and God Bless you!*  
*Sincerely, Brady Ellingson*

♦ *Dear Rev. Tetzlaff and St. John UCC Family,*  
*Thank you very much for the package! It was really encouraging to receive especially since it’s the one year anniversary of my grandfather’s passing. It means a lot and thank you for caring. I hope we can come visit again when we go to Wiscoonsin!*  
*God Bless, Nowa Bronner*

## EDUCATIONAL & SMALL GROUP OPPORTUNITIES



**Monday Morning Bible Study:** Bible Study is beginning a 13 week study of the book of Acts utilizing *Three Months With the Spirit* by Justo Gonzalez starting Feb. 29th. **Meets at Our Saviour's UCC, W172 N12533 Division Rd., Germantown, WI, on Monday's, from 10-11:30am.**

**PLEASE NOTE: No class on March 28th.** Books can be obtained from Pastor Tara.....Cost is \$10.

### **ONE GREAT HOUR OF SHARING (OGHS) - MARCH 6TH**

**Scripture Reference Ruth 1:16** "Where you go I will go; and where you stay I will stay." **Theme:** *Going The Extra Mile [in support of refugees and displaced persons]*

Our world is presently facing the largest refugee crisis since World War II. According to the United Nations, one in every 122 people in the world is forcibly displaced from their home and is seeking refuge. While such statistics might be beyond our comprehension, the people living these unimaginable sufferings are not beyond our collective hearts of compassion. On the first Sunday of March we have the opportunity to make a real, tangible difference for millions of people all over the world.

One Great Hour of Sharing, as part of Our Churches Wider Mission, is the special mission offering of the United Church of Christ that carries God's message of love and hope to people in 138 countries. The UCC works with international partners to provide sources of clean water and food, education and health care, small business micro-credit, emergency relief, and advocacy and resettlement for refugees and displaced persons. OGHS also supports domestic and international ministries for disaster preparedness and response. More than 60 percent of the UCC's offering supports international development initiatives, including annual support for missionaries. Additional envelopes available in the church lobby.



### **COLLECTION IS EASY!!!**

We are collecting UPC's and Boxtops for Crossroad Child & Family Services, Inc., Fort Wayne, Indiana, which is a member of CHHSM—the Council for

Health and Human Service Ministries of the United Church of Christ. We have a mission relationship through our church. The mission is to help troubled children and families.

It's easy to find Box Tops. Clip box tops from your favorite products, such as GM Cereals, Betty Crocker Mixes, Ziploc Bags, etc. Box tops are each worth 10 cents and they add up fast.

Campbell's UPC codes are also needed. There will be a collection box in the lobby.



## BOOK CLUB

**There will be NO Book Club in March.** We resume Monday, April 11th with a discussion of *When Bad Things Happen to Good People* by Rabbi Harold Kushner.

The book for May will be *Girl Meets God* by Lauren Winner.

If you would like a copy of either of these books please contact Pastor Tara.

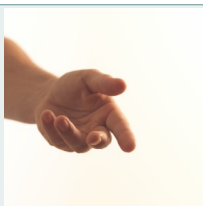
**Rev. John Shelpy Spong**, author of *Biblical Literalism: A Gentile Heresy* is returning to Trinity UCC, 4435 N. Calhoun Rd., Brookfield on **April 17th at 10am.** This book will be discussed at a future Starbucks Book Club gathering. There will also be a 25% discount on this book. For more info.....**Jan Doleschal at 414-708-7024.**

**CRAFTER'S DAY** will be held at St. John UCC on **Sat., March 19th, from 10am-3pm.**



We are continuing our work on pocket crosses and prayer beads for use at area hospitals. We will also be discussing the possibilities of starting a quilting group and a prayer shawl ministry. Individuals are also welcome to bring their own craft projects to work on. Tea, coffee and cocoa provided.

**Slowing With the Spirit** will meet **March 14, 4-6pm.** We will not meet on March 27th because of Easter



Please consider signing up for Fellowship following church services in our Fellowship Hall (a clip board with the sign-up sheet is located near the kitchen). Join us after church. All members and friends are welcome. Any question contact Sharon Reeder at 262-251-5946.

**Dates Committees are serving Fellowship:**

**March 6<sup>th</sup>, 2016 –**

O.G.H.S. - Women's Guild & Women's Sunday

**April 3<sup>rd</sup>, 2016 -** Constitution, Maintenance, & Mission Alive Committee's

**Volunteers needed:** Volunteers will be needed to provide rides to church members who do not have transportation to - from church. Please contact the church office or Pastor Tara Tetzlaff if interested in volunteering at 262-251-0640.

**Outreach Meetings:**

Any members wishing to join the committee are welcome. The next Outreach Committee meeting is **Sun., March 20th at 9am.** We meet in the Fraederich Education room. Contact Caroline Romaine at 262-385-1327 for more information.

## OUTREACH COMMITTEE

**St. John U.C.C.**

**Heart Beat Newsletter March 2016**

### Outreach Committee

Thank you to all the members who helped donate items for the Valentine College – Armed Forces Care packages. The packages were put together on February 7<sup>th</sup>, 2016. 15 packages were sent out.

**Cost for shipping was \$ 142.00.**

**Mark your calendars - Up Coming Events:**

**April 2016**

***Rummage / Bake Sale - Friday April 15<sup>th</sup> and Saturday April 16<sup>th</sup>, 2016***

### ***Spread the News!!!!!!***

Clean out your closets, basements and garages. Spread the News to family, friends, co-workers, and neighbors. Start saving now for our Huge Spring Rummage and Bake Sale which will be held Friday April 15<sup>th</sup> and Saturday April 16<sup>th</sup>, 2016.

We can start to collect your items any time after March 15<sup>th</sup>, 2016.

We need all kinds of items from household, toys, kid's clothes, furniture, baby items, crafts, electronics, books, etc. Please limit clothing items to gently used. It's **VERY IMPORTANT** this year to spread the word. If you know of anyone that is moving, or needs to downsize tell them of our need. Notify the Outreach Committee if you know of anyone who would like items picked up from their home. The church basement will be open when the secretary is there (T/W 9-12) or when Pastor Tara is there during the week.

\*\*\*\*\*( tax donation slips available for items you donate).

**Bakery!!** Please package your goodies and list the ingredients (especially nuts). Try to have items at the church by Thursday April 14<sup>th</sup>, 2016 in the afternoon or call Caroline Romaine to drop off at a different time 262-385-1327.

We need all the **volunteers** we can get so, Please consider volunteering for set up of the Rummage / Bake sale, starting the week of April 11<sup>th</sup>. We will also need volunteers during the Rummage/Bake sale. We will have a sign-up sheet posted.



## May 2016

Adult Fellowship is planning an outing to the Menomonee Falls Patio Players production of the Musical **"My Fair Lady"** **Sunday May 1<sup>st</sup>, 2016 at 2:00pm**. Following the play we will meet back at St. John U.C.C. for a meal.

Ticket prices: \$ 15.00 for the ticket and \$ 20.00 for meal, including beverages. A sign-up sheet will be posted. **Pay in advance by April 10, 2016**. For more information contact Jeannie Lehmann at 262-251-1756.

### RECIPE CORNER

#### Resurrection Cookies

*Recipe donated by Pastor Tara Tetzlaff*

-note: This recipe was given to my Sunday school class when I was little---it became a tradition for my Grandma and me, (and later Vanessa) to make them every year on the night before Easter.

You will need:

1 cup whole pecans	a pinch of salt
1 teaspoon vinegar	1 cup sugar
3 egg whites	a zipper baggy

◆ **Instructions:**

These are to be made the evening before Easter. Preheat oven to 300F.

\*\*\* (this is very important --- don't wait until you are half done with the recipe).

Place pecans in zipper baggy and allow children to beat them with the wooden spoon

to break into small pieces. Explain that after Jesus was arrested. He was beaten by the Roman soldiers. Read: John 19:1-3

- ◆ Let each child smell the vinegar. Put 1 teaspoon vinegar into mixing bowl. Explain that when Jesus was thirsty on the cross He was given vinegar to drink. Read: John 19:28-30

- ◆ Add egg whites to vinegar. Eggs represent life. Explain that Jesus gave His life to give us life. Read: John 10:10&11

- ◆ Sprinkle a little salt into each child's hand. Let them taste it and brush the rest into the bowl. Explain that this represents the salty tears shed by Jesus' followers, and the bitterness of our own sin. Read: Luke 23:27

- ◆ So far the ingredients are not very appetizing. Add 1 cup sugar. Explain that the sweetest part of the story is that Jesus died because He loves us. He wants us to know and belong to Him. Read: Psalm 34:8 and John 3:16

- ◆ Beat with a mixer on high speed for 12 to 15 minutes until stiff peaks are formed. Explain that the color white represents the purity in God's eyes of those whose sins have been cleansed by Jesus. Read: Isaiah 1:18 and John 3:1-3

- ◆ Fold in broken nuts. Drop by teaspoon onto waxed paper covered cookie sheet. Explain that each mound represents the rocky tomb where Jesus' body was laid. Read: Matthew 27:57-60

- ◆ Put the cookie sheet in the oven, close the door and turn the oven OFF.

- ◆ Give each child a piece of tape and seal the oven door.

Explain that Jesus' tomb was sealed. Read: Matthew 27:65-66

**GO TO BED!**

Explain that they may feel sad to leave the cookies in the oven overnight.

Jesus' followers were in despair when the tomb was sealed. Read: John 16:20&22

On Resurrection Sunday (Easter) morning, open the oven and give everyone a cookie. Notice the cracked surface and take a bite. The cookies are hollow! On the first Easter Jesus' followers were amazed to find the tomb open and empty. Read: Matthew 28:1-9

## CALL YOUR PASTOR!!!



Just a reminder  
that to protect  
your privacy  
federal HIPAA  
laws prevent

doctors, hospitals, and nursing homes from contacting or sharing information with anyone (including your church or pastor!) when you are a patient. If you or a loved one is hospitalized or needs pastoral care PLEASE call the church office or Pastor Tara directly (or request the hospital to do so). If you don't call, we have no way of knowing of your situation. By informing us of these events, you are helping us to provide you with the spiritual care needed in these often difficult times. Business cards with Pastor Tara's contact information are available in the church lobby or can be obtained from the church office, a handy way for you to have the numbers you need in an emergency.

## **MARCH**

### **USHERS**

6 R & C Bersch  
13 K & J Schaetzel  
20 C & G Schwartz  
27 A Boneski & John  
Schaetzel

### **GREETERS**

6 Andy Boneski  
7  
13  
27

### **LITURGISTS**

6 Caroline Romaine  
13 Rollie Pieper  
20 Eric Hillstrom  
27 Joan Schaetzel

**We are in need of Liturgists and Greeters. If you are interested in either of these, or both, please contact Pastor Tara for more information.**

## **OPPORTUNITIES TO HELP WITH CRAFT FAIR PLANNING**

Some of the committee members are interested in changing roles so we're looking for people who would be interested in the following areas:

**Committee Chair** (or Co-Chair if you'd like to share the role)

**Advertising** (Requires reviewing ad proofs and sending documents as email attachments)

**Booth Coordinator** (Requires sending documents as email attachments)

### **Treasurer**

If interested in volunteering or nominating someone else for any of these roles, please contact Merry Lison at: [merrymatt@sbcglobal.net](mailto:merrymatt@sbcglobal.net)

## **VBS SAVE THE DATE!!!!**

**Vacation Bible School will be July 18-21.**

The theme this year is "Journey to Egypt" and will incorporate stories of Joseph and/or Moses. There will be a field trip on the final day to Milwaukee Public Museum to see the Ancient Egypt exhibit. We will need volunteers beginning in February to begin working on plans/

preparations in the following areas: set design (to make different areas and rooms reflect Ancient Egyptian themes), arts and crafts, games, music, etc. Please contact the office by if you are able to help in any of these areas.



## **WOMEN'S GUILD**

Our February meeting had us making valentines for the Sunday School students. We will be cleaning the kitchen **Friday March 4 at 9:00 am**. Women's Worship Sunday is March 6. Our service project will be The Undie 500. Please join us in collecting new men's, women's or children's underwear and socks of any size for the month of March to benefit homeless and or battered women shelters. One Great Hour of Sharing is also the same Sunday and keeping with tradition there will be a Pot Luck after the church service. Women's Guild will provide the meat and rolls. **Our next meeting will be Tuesday March 1** due to Lenten Services. Our meeting in April will be the 13th so that we can help set up for the rummage sale.

## CELEBRATIONS: BIRTHDAYS AND ANNIVERSARIES

### MARCH BIRTHDAYS

1 Ann Wallschlaeger	15 Janelle Lietzau
David Klemish	20 Brynn Thomas
3 Rolie Pieper	25 Lauren Kubosch
6 Brady Ellingson	27 Marilyn Gabrielsen
7 Eric Taylor	30 Lynn Dettmering
Elizabeth Johnson	31 Kendall Thomas
10 Aiden Pieper	Kencie Thomas
12 Jennifer Andrae	
14 Mike Szymik	
Andy Boneski	



**PRAYER REQUEST FORMS** can be found in the lobby of the church. Please fill out the form if you would like to include someone on the Prayer List.

### MARCH ANNIVERSARIES

- 5 Scott & Kathy Maly
- 29 John and Staci Delain
- 30 Sam and Jodi Schneider



### MARCH EVENTS

**1st—7pm** Women's Guild Mtg.  
**2nd— 6:15pm Light Supper, 7pm Lenten Gathering**  
**4th—9am** Women's Guild Kitchen Clean-up  
**6th—**Women's Sunday, One Great Hour of Sharing; Pot-luck to follow worship  
**7th—10-11:30am** Bible Study (OSC)  
**9th—6:15pm—Light Supper 7pm—Lenten Gathering**  
**10th—6:30pm** Church Council  
**13th—4-6pm** Slowing With the Spirit  
**14th—10-11:30am** Bible Study (OSC)  
**16th —6:15pm Light Supper 7pm Lenten Gathering**

**19th—10am-3pm** Crafter's Day—St. John  
**20th—9am** Outreach Mtg.  
**21st—10-11:30am** Bible Study (OSC)  
**24th—Maundy Thursday - OSC 6:15 Light Supper 7pm Lenten Gathering**  
**25th—Good Friday—St. John—7pm**  
**27th—EASTER SUNDAY; 7am—St. John 10:30am—St. John Breakfast—between services**  
**28th—NO Bible Study**

### PRAYER LIST

- ◇ Prayers for Mike Szymik
- ◇ Prayer for our church that it may grow
- ◇ Prayers for Mary Ann Toth
- ◇ Prayers for Sherry Palmer
- ◇ Prayers for Nola Witzlib
- ◇ Prayers for Kirk (Lois Cozzuli's son) and Nicole (Lois Cozzuli's daughter)
- ◇ Prayers for Laura W., as she battles cancer
- ◇ Prayers for James, friend of Donna Tess
- ◇ Prayers for Rene Sardina, friend of Caroline Romaine

## ST. JOHN UCC

N104W14181 Donges Bay Rd.

Germantown, WI 53022

Our Mission is to Celebrate, Reach  
Out, Enrich, and Welcome in the  
name of Jesus Christ.

PLEASE  
PLACE  
STAMP  
HERE



*God is still speaking,*  
**UNITED CHURCH  
OF CHRIST**

## **WORSHIP SERVICES**

*Sunday Worship Service at St. John UCC—  
10:30am*

*Sunday School at 11:15-Noon at St. John UCC*

***Maundy Thursday—OSC***

***6:15PM Light Supper, 7pm Light Supper***

***Good Friday—St. John—7pm***

***Easter Sunday Worship—7am—St. John***

***8:30am—OSC***

***10:30am—St. John***

*Sunday Worship Service at Our Saviour's UCC—  
8:30am*